

## The Microbe Rap

There are microbes on our skin  
There are microbes in the air  
There are microbes in your vest  
There are microbes everywhere!

Some of them are bad  
Some of them are good  
Some of them help you  
Digest your food

But some of them are nasty  
While some are quite yummy  
Some of them will give you  
An ache in your tummy

They can live in your mouth

And live up your nose  
Some fungi will grow  
Between your toes

Bacteria could turn you  
Blotchy and red  
And there's a virus or two  
That could leave you for dead

Thanks to Dr Jenner  
Protection you can get  
But not everything is cured by  
Anti -bi -ot -ic

So be careful around microbes  
Be thankful for the good  
But always remember  
To do the things you should

With hot water and soap  
Your hands won't be manky  
And catch that snot  
In your hankie

Just one more thing  
Before we leave  
If you forgot your hankie  
Sneeze into the sleeve!

Achoo!